



# THURSDAY COTTAGE

HANDMADE

## Breakfast Pots

*Mix this breakfast treat the night before and the healthy mix of ingredients will be perfectly blended. For breakfast 'on the go', simply pile into a small jam jar and seal with a twist on lid so that you can tuck into it at any time of the day or night - remember to take a spoon!*

Serves 2

*For the pot:*

- 4 tablespoons porridge oats
- 1 tablespoon roughly chopped raisins or cranberries
- 1 tablespoon roughly chopped hazelnuts
- 1 tablespoon THURSDAY COTTAGE Reduced Sugar Three Fruit Marmalade
- 150ml apple juice, milk or coconut water



*To finish:*

- 4 tablespoons buttermilk or yoghurt
- 2 teaspoons linseeds

*Place the first 5 ingredients in a bowl and mix together. Cover the surface with a piece of baking parchment. Leave in the fridge or cool place overnight. When ready to eat, divide into two glasses and spoon over with buttermilk or yogurt. Sprinkle the surface with linseeds.*

